

Adeno-/tonsillectomy for recurrent acute tonsillitis in children

Numbers are for children age 2 to 15 years who suffered from recurrent acute tonsillitis. Children had their adenoids/tonsils completely removed (adeno-/tonsillectomy) or no surgery.

	no adeno-/tonsillectomy (no surgery)	adeno-/tonsillectomy (surgery)
Benefits		
How often did children have a sore throat within one year?	4 times	3 times*
On how many <u>days</u> did children have a sore throat caused by tonsillitis within one year?	23 days	18 days*
Harms		
How many <u>children</u> suffered from bleeding after surgery?	–	about 2-5 out of every 100 children

*This includes sore throat due to surgery.

Short summary: Adeno-/tonsillectomy can reduce the number of episodes of recurrent acute tonsillitis in children in the first postoperative year. Bleeding due to surgery may occur.

Source: Burton et al. *Cochrane Database Syst Rev* 2014(11):CD001802.

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<https://www.hardingcenter.de/en/fact-boxes>